



BELIEVERS EASTERN CHURCH WORLD HEADQUARTER

Office of the Metropolitan, St. Thomas Community, Thiruvalla, Kerala, India

Gukpiyicák Ciṭhi

May- June 2026

Íren dulaṛiṇ gupiko ar Sonot Maṇder ren sanam biswaṣi ko okoe do goṭa dhṛti reko pasnao akan,

Aboren Probhu ar Babancaoic, Jisu Maṣi seć khon ape joto ko daya, māyā ar suluk pe nam!

Maṣi doe jiwet beret akana!

Abo do aboak maṇder reak liturgical calendar dhara te abo ren Probhu Jisu Maṣiye jiwet beret akan oktere henak bona.

Judi bun nel lekhan abo berhae teyak dunia redo be suluk ar cet huyuka cet ban huyuka reak bon atkareda, abo do aboren Babancaoicak jiwet beredok reak bin-digaok as ar raska re jion khemao lagit bon hoho oco akana. Cedak je abo joto mit mon te noa bon roṭ dareaka: Maṣiye jiwet beret akana, ar cedak je Uniye jiwet gea, in do dara kan dinin tingo daram dareaka. Noa diljon ar dilgareṇ salat, jiwet beret akan Maṣi do Ac ren cela koe kul ket koa- jemon onko do Easter reak raska ar aboren Probhu Jisu Maṣiak jiwet beret akan reak as dhṛti ren ko saman reko sodor ar je leka Jisuye gok leda, Sonot Jiu do onko cela ko cetan rey angoyena, ar onko do Isorak arsi benak lagit dariye emat koa.

Ar cela ko okoe doko ‘ kul ocoakan’ sangin- sangin habic- nunak habic ge dhṛti mucaṭ habic ge sen kate bhage sombat ko porcar keda.onko

gelbar cela ko manot ko laġit, okoe do Sonot Jiu reak' dari nam katet' goṭa dharti re Maṣiak goha ko em ket', manḍer do mitt'en Sonot upaṣ okteye niṭ akada, oka do “ Apostol koak' upaṣ” ko metak' kana.

Noa upaṣ do ceṭ leka ehop' ena? Apostol kaṃiko puthi 1: 4 rebon nel eda je Probhu Jisu do cela koe metaṭ ko tahē kana je onko do paḥil re Sonot Jiu reak' gokaḱ reak' ko koyok' hor mā, tobe sen katet' maraṅ hukum puraṃ laġit ko oḍokok'. Manḍer reak' Sonot ari-ḱali abo ye lai abon kana je ina tayom apostol kodo mitt'en upaṣ ko ehop' keda, tin redo onko Isor then koejon tege ko tahēyena je onkoak' porcar kaṃi laġit onko dariye ema ko. Ar onko do noa upaṣ re un haġic' laġiyā paraṃ ko tahē yena, tin haḱic' je Pentikust reak' din re onko do Sonot Jiu te bako perec' len. Un khon ge manḍer do noa upaṣ okteye batao aġuyeda, oka do bon men lekhan ‘ Apostol koak' upaṣ’ bon metak' kana. Apostol koak' upaṣ do jao bochor ge 16 June khon ehobok' kana ar 13 din haḱic', metak' mē 28 June haḱic' calak' kana. Ina tayom do abo barea porob bon manaoet' kana- 29 June do St. Patras ar St. Paḷusak' porob, ar 30 June do apostol koak' porob.

Abo do noa upaṣ ceṭ leka tebon bataoa? Manḍer reak' joto upaṣ okte ko leka, apostol koak' upaṣ hō abo, koejon upaṣ ar dan emok' re mone bon lagao laġit bon hoho ocoḱ kana, jemon abo do Isor – berhai te aḱuroḱ kan ar paṭiaran jion bon khemao dareak'. Menkhan noa upaṣ do manḍer reak' etak' upaṣ ko khon begar gea cedak' je noa do abo apostol koak' mission laha idiy laġite hoho abon kana. Ona iate in' do ape joto ko, in' ren dulaṛia gidra ko, uskuret' pe kanaan je noa sonot okte do begarakat' dohoy pe ar Apostol kaṃi puthi reak' puraḱ haṭin' ge paṛhao cabay pe. Je leka aboren dulaṛia bhaḡan disa māhā Metropolitan Athanasius Yohan paḥile menet' tahē kan, ‘ Apostol kaṃi ko reak' puthi’ do sonot manḍer reak' naksa kana, ar noa do abo apostol koak' sap-dap' kaṃi ko bujhao laġit ar bhage sombat ko lai jahir reak' uniak' bin-digaok' jima reak' gandon laġit asol bumbukok' jharna kana. Noa baḱai tuluḱ ceka akat' kuru

muṭu hotete, abo do apostol koak' tarã cinḥa kore tarã reak' bon kuru muṭu yeda, ar Probhu ṭhẽn bon koeyeda je Uni do abo daṛi ye ar jore emabon, jemon abo hõ bhage sombat reak' katha do joto hoṛ ṭhẽn bon idi seter daṛeak' reak' kami do bon laha idi daṛeak'.

Apostol koak' upas dohoy laḡit' pea laṛ-caṛ re aguy reak' dhara ko:

Sap'-sur ako mẽ: Apsotol koak' upas do jao bochor sonot apostol koak' jion ar unkoak' namuna babot te gandon laḡit' ate ema bon kana. Menkhan eken ona ko disaḡe ge onko manot ema ko laḡit' do ban dhira. Abo do onko hotete ehop' akat' kami ko laha idiy tege onkoak' disaḡe mãhã do manot tako jaruṛ kana. Noa kami do abo- okoe do Uni ren cela kan bon ar jiu seć ren bõs kan bon- jimã akawat' bona ko je abo do jiwet' beret' akan Maṣiak' as ar raṣka do abo aḡe-paseren hoṛko salaṭ' bon haṭin'. Ona iaṭe, noa sonot oktere, dela bon abo do bises kaite aboak' sanam parish ar Diocesere daya ar mãyã reak' sap'-dap' kami ko bon ceka idiy ar bon laha idiy.

Koepe: Je leka St. Paulush abo Ephesi 6: 19-20 rey disaḡe ocoyet' bon kana, abo do aboren naeke ko ar missionary ko laḡit' koejon jaruṛ kan tabona jemon onko do akoak' jion nawa aro teko jimã daṛeak', ar juda – juda lekanak' muskilak' ko tala rehõ bhage sombat porcar reak' kami ko kami idiy laḡit' uskur ko nam ar dilgariã ko huyuk'. Dela bon abo do noa hobon koe mã je abo ren aima gidra k oar juan ko akoak' jion kodo sonot manḡer reak' sap'-dap' kami laḡit' ko jimay tako. Disai tabon pe, sonot manḡer do Maṣiak' hoṛmo kana- noa dharti re Probhu Jisuaḡ' sari haṭin' kana.

Dan emok' mẽ: Aboak' gel hĩns ar danko chaḡa, abo do aboak' dhon duribko hotete mission kami rebon goṛowako laḡit' bon hoh oco wakana. Je leka St. Paulush Philipi 4:18 rey menet' kana, noa ko dan do ' nonkan ãgoć anak' danko kana oka do Isore kusiak' kana'. Ona iaṭe, apostol koak'

upas do abo lagit mitten soros at kana je abo do upas hotete adom-adom lekanak jomak ko khon banco katet oka poeta bon bancoeda, ona do begar rebon doho kaka, jemon ona do aboak mander reak sap-dap kami ko ar kami ko bon gorodareak.

In ren dularia gidra ko, je leka jaoge, noa ko sonot din kore in do ape mimit ko inak koejon ren disayet pea. Dela bon, abo do apstol koak namuna panjay lagit ar Jisu Masiak bhage sombat hotete abo bon em oco wakan raska ar as do aboak gharonj- aboak somaj ar nunak habic je dharti habic ge sodor lagit aboak jima tet bon nawa aroe. Judi aboak upas do eken koejon ar jom nu baron habic ge henak khan, tobe abo do apostol koak upas reak jostet bon at eda. Probhu do abo sahaye dan abon ma je abo do katha te ar kami banar tege apostol ko panja kote onko bon manot dareako ma. Abo ren Probhu Isor do am acak sana nel orom oco me lagit bude emam. Uniak hukum batao lagit dari, ar daya sodor lagit dulara dan am ma.

Sonot Penemit Isor- Baba, Hopon ar Sonot Jiu- do am Uniak sana bujhao orom lagit bud, Uniak hukum ko batao lagit dari, ar Uniak daya ko sodor lagit dulara dan am ma. Ar sanam sonot hor ko ar sonot theotokosak koejon Isorak singhson saman re abo lagit rukhia wanak huyuk, nit ar jaoge, jaejug dhabic ge. ✠ Amen.

Babawak dular ar koejon salat,

Masi re aperen baba

Moran Mor Samuel Theophilus

Metropolitan

Date: - 5th May-2026

Thai: Global Church Headquarter