

BELIEVERS EASTERN CHURCH
World Church Headquarters, St Thomas Community
Thiruvalla - 689 103, Kerala, India

SHITHI U NONGIALAM

October-November 2025

Sha ki nongialam jong ka Balang bad sha ki parabangeit baieit eh jong ka Balang kaba khuid

Ha ka kyrteng jong u Kpa, jong u Khun bad jong u Mynsiem Bakhuid, U wei u Blei.
Amen+

Ngan sdang da kaba ong katno ka long ka jingkmén bad ka kabu kaba khraw ka long ban thoh sha phi ia kane ka shithi. Kine ki shithi, ia kiba nga thoh sha phi kum u kpa ba kynja mynsiem jong phi, ki long kiba donkam tam namar ki shah ianga ba ngan lah ban ia sam bad phi ia kaei ba u Blei u la buh hapoh ka dohnud jong nga na ka bynta ka Balang jong ngi ha kane ka aiom ban pynkynmaw ia phi haduh katno kaba jynlliew tam nga niewkor ia phi iwei pa iwei.

Ia ka rukom pyntreikam jong ki bishop and ki kpa (Fathers) jong ka Balang ha kaba kumno ki ialam ia ki parabangeit ka long ba ngi leit biang sha ki jinghikai kiba ha ki spah snem mynshwa (Early centuries of Christianity) jong ki khristan. Shibun na kine ki shithi dang iai pynneh pynsah haduh mynta ka sngi. Ki dei ki shithi kiba juh pynkhlain bor ia ka jinglong kawei jong ka Balang, da kaba tip ba ngim shem la jngai noh ne sah marwei lane laitluid; ngi dei ki dkhot jong ka met u Khrist. Ban bud ia ka Balang ka long ban bud ia u Khrist, uba dei u Khlieh jong ka.

Kumba u St. Cyprian u la ong:

"Uta u bym don ka Balang na ka bynta ka kmie jong u un nym don u Blei na ka bynta u Kpa jong u. (He who does not have the Church for his mother does not have God for his Father)."

Ka Kalendar jong ka Balang

Kawei ka bynta kaba donkam jong ka jinglong kawei ka dei ka kalender jong ka Balang. Ka pynhapoh ia ki jingmut sarong jong ngi bad buh ia u Jisu ha khlieh duh jong ka jingim ba man la ka sngi jong ngi. Ka pynkyntang ia ka por — ki sngi, ki taiew, bad ki bnai — da kaba pynkyntiew ia ki sha ki hima ba kynja mynsiem. Ka Kalendar ka ialam iangi lyngba u Khrist bad jingpynim ba naduh mynshwa (Salvation history) bad ka pyniasoh lang iangi ban iasam ia ki jingpynkhih jong ka jingkhawai, shah jingit, bad rakhie kynmaw burom ia ki riewkhuid, ialam iangi sha ka jinglong kawei sha ka jingkhuid jong u.

Kumba u St. Basil uba khraw u pynkynmaw iangi:

"Ka Balang ka pynkhreh ia ki jingkhawai bad shah jingit ym ban pyn ban khia iangi, hynrei ban pynmlien bad hikai ia ki mynsiem bad jingim jong ngi ban buh ia ki dohnud jong ngi ba la ialam sha u Blei."

U St. John Chrysostom u pynshlur shuh shuh iangi:

"Wat ai ba ngin leh lyndet ia ki jingkhawai ba la buh beit buh ryntih da ka ka Balang, namar ha ki ngi ioh ia ka jinghikai jingbtah bad ioh jingbsa ba kynja mynsiem."

Te namarkat, ko kiba ieit eh jong nga, nga pynshlur ia phi ban kdup ia ka Kalendar jong ka Balang khnang ba ngin lah ban im ka jingim hapdeng duh jong u Blei.

Ka Liturgical snem thymmai

Ka Believers Eastern Church ka pynkhreh ban rung sha ka liturgical snem thymmai ha ka 2 tarik November 2025.

Ka Kalendar jong ka Balang bad ka lectionary na ka bynta ka liturgical snem thymmai kan sa long ka ba phi lah ban ioh kawei ka copy na ka bynta jong phi shi met shi met.

Ki jingbthah na ka bynta ki Parabangeit

- Pan ia ka: Pan kawei ka copy na u nongialam jong ka Balang shnong jong phi. Pyntikna ba ka longing jong phi ka dei ban don kawei ka copy ha iing, bad buh ia ka ha ka jaka kaba phi lah ban peit ia ka man ka por ha ka iing jong phi bad kiwei ruh ki lah ban iohi.

- Pule ia ka: Ia pule lang ia ka Kalendar ryngkat bad ka longing jong phi. Kynmaw ia ki tarik jong ka jingrakhie burom bad shah jingit (feasts and fasts) kum ka Easter, Great Lent, bad kiwei pat ki aiom ba donkam, khnang ba phin lah ban rakhie ia ki ha ka rukom ba dei biang.

- Pyntreikam da ka: Great Lent ka dei ka aiom ba kongsan tam ha ka Balang jong ngi. Buh ha khieh duh ban leit sha ki jingduwai bad jingiaseng jong ka Balang shnong. Bud ia ka rukom shah jingit jong ka Balang — da kaba yn nym bam doh, pyn duna ban pyndonkam ia ka phone lane pynduna ban pynlut pisa na ka bynta bym don kam ban pynlut bad siewspah ia ka por, bad pyndonkam ia kaei ba phi la ioh lum na ka bynta ban ai sngewbha sha ka kam jong u Blei. Pynbeit bha ia kiwei ki jingkut jingmut ruh ban ai ka jingpynleit jingmut ka ba pura sha kane ka aiom ha kine ki 40 sngi jong ka jingsan ba kynja mynsiem. Wad ia ka jingialam na u nongialam jong ka Balang uba ha ka jaka jong phi lada donkam assistance ruh.

- Ai ia ka sha kiwei ki pateng ruh: Hikai ia ki khun jong phi ia ka jingdonkam ban bud ia ka Kalendar jong ka Balang. Wat la kim don ha iing ruh ba ki leit pule lane trei shabar,

pynshlur ia ki ban rakhie ia ki. Ki khynnah ki ioh jinghikai da kaba peit ia ngi, kumta ki kmie ki kpa bad ki basan ki dei ban pyni nuksa. Hikai ia ka ha kane ka rukom sha kawei pat ka pateng ka dei ka jingkitkhlieh kaba u Blei u la ai hangi.

Jingbthah na ka bynta ki Clergy

- Long nongsharai: lalam ia ka Balang shnong jong phi ban bud ia ka Kalendar jong ka Balang. lalam da ka nuksa, kum ki dkhot jong ka Balang dei ban bud ia kaei kaba ki iohi ba phi leh.
- Bud ia ka Kalendar khlem da pep: Wat nym leh lyndet lane kiar na kano kano ka jingrakhie, shah jingit, lane rakhie kynmaw burom ha ka por ba dei ban rakhie lane kano kano ka daw. Bud thik kat kum ka Kalendar and liturgy ba la ai da ka Church headquarters, kynthup ia baroh ki tiar ba la ai sha kawei pa kawei ka Balang shnong ba la bthah da ka Holy Synod.
- Long ba kwah hir hir ban ioh jinghikai: Lada don kaei kaei kaba phim tip, pynrit, wad ia ka jingialam na ki Diocesan Bishop bad Diocesan Vicar jong phi. Wat juh sngewhun tang ha kaei ba phi la dep tip; wad ban ioh jingtip barabor.
- Pyndonkam ia ka lectionary: la ka lectionary lah pynkhreh bad bishar bniah bha da ka jingduwai. Ki khubor bad ki themes ki kdew sha u Khrist bad iarap ia ki parabangeit ban san ha ka jingngeit bad tradition tynrai jong ka Balang bakhuid. Bud ia ka da ka jingminot.

Ko ki baieit eh jong nga, u Jisu, u rangbah lyngdoh ha ka jingduwai, u la ong, *“Trai, To pynkyntang ia ki da ka jingshisha; ka ktien jong me ka long ka jingshisha”* (Ioannis 17:17-19) — bad kane kan iai sah ka thong jong ngi ha kane ka pyrthei: ban iaineh skhem ha ka lynti jong ka jingkylla kaba mut, ban long janai, bad ban long khambun kum u Blei. Ki jingpynshoi bad jingkwah jong kane ka pyrthei ki kham khlain ban ia kaba ngi sngewthuh, bad khlem kano kano ka jingmaham, ki lah ban khynniad ia ngi sha jngai na u Blei bad ka Balang kaba khuid. Na kata ka daw u Apostol Paul u la maham iangi: *“Bad to wat pynsyriem ryngkat ia lade bad kane ka pyrthei; hynrei to pynkylla dur noh ialade kein da ka jingpynthymmai ia ka jingmut jong phi, khnang ba phin ioh tip kaba kumno ka long ka mon ka jong U Blei, kaba bha, bad kaba pynsngewbha eh, bad kaba janai de.”* (Nongrom 12:2). Ngin ym lah ban ia kane na lade; ngi donkam jingiarap. Kawei na ki lynti dei na ki kpa (Fathers) jong ka Balang ba la ai ban ioh jingiarap lyngba ka Kalendar jong ka Balang — ka jingkdew ban peit ia ki khmat jong ngi sha u Jisu ha ka hima jong U Blei ka ban sa wan.

Date: 2nd October 2025

Place: World Church Headquarters

Ai ba + U Blei lai ha u wei bakhuid — u kpa, u khun, bad u Mynsiem Bakhuid — un ai jingshai ha ka dohnud bad jingmut jingpyrkhat, plie ia ki khmat jong phi ban san ha ka jingstad jong u Blei, bad, lyngba ka jingiasaid jong ka Theotokos bakhuid bad baroh ki riewkhuid, ai ba yn pynlah iangi ban im kat kum ka rukom ba la dep shna da ka Balang bakhuid naduh ka por mynbarim, mynta bad barabor. +Amen.

U Kpa ba kynja mynsiem jong phi ha u Khrist,

Moran Mor Samuel Theophilus Metropolitan +

P.S: Da pynthikna ban pule ia kane ka shithi khlem pep ha ki Balang shnong jong phi ban pynshlur ia ki parabangeit.