



BELIEVERS EASTERN CHURCH

Office of the Metropolitan, Synod Secretariat, St. Thomas Community, Thiruvalla, Kerala, India.

SHEPHERD'S LETTER

January/February 2024

Archbishop amadi Bishop, Priest amadi Deacon Father, Evangelist amadi Order of Sister, aduga taibangpalgi mapham kayada leiriba Believers Eastern Church ki thajaba mi pumnamakta, Mapa, Mchanupa amadi Ashengba Thawaigi mingda bor pijari amadi ikai khumnaba utchari. Amen!

Christada yamna nungshi challabasing,

Christana eikhoibu lonabiri !

Ashengba church ki khwaidagi maru oiba matamda eikhoina nakshillakpaga loinana nakhoida eina ijaba asida eihak hainingai leitana haraojei. Madu February 11 dagi houraga March 31, 2024 phaoba leiba 'Achouba Lent ki Matam' asini.

Hairiba matam asi chara henba amadi haijabagi matam ama oina ngaknei maduda Christagi aroiba numitsing, Ibungogi shibiba, phumba amadi maipakna hingatpikhiba adubu thajabasingna ningshingnei. Christagi tung inba amadi Mahakki Churchki mising oina eikhoina hairiba matam asibu ngaijabani maramdi 'Easter gi Chakkang' adubu chinglemna ngaknaba eikhoi ishabu shem shabada maduna mateng oi. Hairiba matam asida , thawaida nouhounana tekkhathannaba tashengna nollukpa amadi thamoikaibaga loinana eikhoigi punshibu changyeng toujanaba eikhoina thaa-oina tapthanaba amadi ngaihak chikna leinaba hotnabani. Madugisu mathakta, church ki mi pumnamakna touhaniningba **Lent ki Maruoiba Ahum** lei.

Haijaba: Lent matamda, eikhoi asi henna haijaba oinaba hairibani. Eikhoina henna haijarabadi, Swargada oibagumna, eikhoigi punshida Iswargi aningba thungnaba ahongba lak-i. Eikhogi papsingbu kokpinaba amadi eikhoigi nong nonggi pushida dharamachenbagi mahei yanba oiraknaba eikhoi asi henna henna Ibungogum oiraknaba Prabugi minungshi phangnaba eikhoina haijaduna thijabani.

Charahenba: Eikhoina chinjak khakta nattana papki heinabi machattagisu charahenba oigadabani. Eikhoigi apamba aduda yaroidabani, adubu Iswargi oiba hounasha adu eikhoina sharuk phangba oiraknaba Iswargi minungshi amadi thoujanna khudum chanba ngamba oigadabani. Akhannaba chinjak khara eikhoina thadokpaga loinana, chumdaba wakhal, wahei amadi thabaksing adusu thadoksi. Nahakki imung adu haijabagi amadi munna wakhan khanbagi ashengba mapham oina onthok-u, thawai chaokhatpham oina yokkhatlu.

Tengbangpiba: Isaiah 58:7 da sastrana haibagumna, eikhoina lairaba amadi otpirabasingbu yengsinbiba matamda eikhoigi chara henba aduna Iswarbu pelhalli. Lent matamda eikhoina chara henbada, anangba misingda pinaba shel amadi atei potlamsing tungsinnaba eikhoina haibani.

Awatpa leiba misingda pibiba aduna Iswarbu pelhalli. Achouba Lent ki matam asida imunggi oina amadi shinglupki oinasu hairiba asi touba yai.

Achouba Lent ngakpangi maru oiba sharuk ani adudi eikhoi lannai isha ishana loukhatpa thabaksing aduga shinglupki oina mayam punna touminnaba thabaksing aduni. Animak asi chap mannana maru oibani, lannai ishagi oina, chara henba, ishabu hanna yengsinjaba amadi haijaba amadi wakhal toubagi matam loubani. Amaromda mayamgi oibadana, yaribamakhei imungga loinana, liturgy gi thouramsingda sharuk yabani. Haraoba adudi khongchat asida eikhoi ithanta natte haibasini. Eikhoigi shinglup asi amaga amaga shougatnaduna amadi chingkhatnaduna thawaigi imung ama oirakpani, maramdi eikhoigi katthoknaba aduna eikhoiina panggala amadi pukning thoughtpa phanglibani.

Thoidok hendokna, makhagi hiramasing asidasu luna loubinaba eina insinjabani:

1. **Church ki leiriba Lent kidamak sijinnaba yaba machak pumnamak sijinnou:** Nungtigi Pagadaba Sastra, Nungtigi Lent ki oiba Wakhal, Nungtigi Haijabagi Liturgy amadi Achouba Lent asibu artha leiba khongchat oihannaba charahenbagi lamjing lamtaksing asigumba lairik makhal kayagi mateng nakhoina Holy Synod tagi phanggani.
2. **Imunggi Haijabagi Altar:** Lent asidi haijaba yamhanbagi matam amani aduna madu eikhoigi imungsingdasu tougadabani. Lent Matamda yumda leppa leitana imunggi altar amadi haijaba asi shoidana tounaba hotnasi.
3. **Jesu gi Haijaba adu haijou:** “Prabhu Jesu Christa, Iswargi Machanupa, pap chenba, eihakpu nungshibiyu” masigi haijaba asi numitchupa eikhoina haijaba yabani. Nahakki prayer rope leirabadi, masigi haijaba asi nahakna ngamba makhei haijaba yai.

Holy church ki chebao asi thaa-oidaba toudananaba eihakna nakhoi pumnamakta pukning thoughtchari! Nakhoigi thawaigi mapa ama oina, khongchat asida eihaksu nakhoida yaogani aduna eikhoi punna Prabhuna bor pibirakkadaba adu khourangna ngaiminnasi.

Christana eikhoibu loinabiri! Ibungodi houjik amadi matam leiba khibikta loinabiduna leigani, Amen.

Your Father in Christ,



Athanasius Yohan I Metropolitan

Date : 15 January 2024

Place : Holy Synod

P.S: Thajabsingbu pukning thoughtpinabagidamak masi mari leinaba shinglupki mi pumnamakta youhanbiyu.