

BELIEVERS EASTERN CHURCH

(Office of the Metropolitan, Synod Secretariat, St. Thomas Community, Thiruvalla, Kerala, India)

SHEPHERD'S LETTER

(Ka Shithi U Nongialam Ba Ha Khliehduh Jong Ka Balang)

January/February 2024

Nga ai khublei bad kyrkhu ia baroh ki Archbishops bad ki Bishops, ki phadar bad ki tymmenbasan, ki Evangelists, ki pastor bad ki Order of Sisters of Compassion, bad sha baroh ki parabangeit jong ka Believers Eastern Church kiba don ha kylleng sawdong jong kane ka pyrtnei, ha ka kyrteng jong u Kpa, jong u Khun bad U Mynsiem Bakhuid. Amen!

Ko ki parabangeit baieit eh jong nga ha U Khrist,

U Khrist u don lem bad ngi!

Katno ka long ka jingkmien kaba khraw tam ianga ban thoh sha phi ia kane ka shithi, katba ngi la jan poi sha ka aiom kaba donkam tam jong ka Balang ka bakhuid. Kane ka dei ka 'Ka Aiom Lent kaba khraw' (Season of Great Lent) ka ban sdang naduh u bnai February 11 haduh u bnai March 31, 2024.

Ia kane ka aiom la rakhie ia ka kum ka por jong ka jingshahjingit bad jingduwai ia kaba ki parabangeit ki kynmaw ia ka sngi kaba khatduh jong U Khrist halor kane ka khyndew kaba la ialam ia U shaduh ka jingiap, la tep ia u bad u la jop thiauw ia ka jingiap da ka jingmihpat. Kum ki nongbud jong U Khrist bad ki parabangeit jong ka Balang kaba khuid, ngi iai ap khmih ia kane ka aiom namar ka iarap iangi ban pynkhreh ialade ban rakhie ia 'Ka jingkhawai jong ka sngi ka jingmihpat jong U Trai jong ngi' (Feast of Easter) ha ka rukom kaba dei biang bad ba shongkun. Ha kane ka aiom, ngi pynlong ruh ia ka jingjied kaba dei biang ban pynthynda ne pynjai jai bad ban sangeh shiphang ban iit ia ka jingim jong ngi da ka jingsngewrit kaba shisha bad jingpait dohnud ban ioh ia ka jingpynthymmai bad jingpynshait bor ba khlain ha ka jingim ba kynja mynsiem jong ngi.

Ban kynthup lang bad kata, don lai tylli ki nongrim jong ka Lent, kaba la thmu khnang tang na ka bynta ki parabangeit bad ki dkhot jong ka Balang.

Ka Jingduwai: Ha ka por Lent, la khot iangi ban duwai jur. Katta ngi duwai jur, katta ngin kylladur ban pyndep ia ka mon jong U Blei ha ha jingim jong ngi, kumba ha bneng. Ngi duwai ban wad ia ka jingisynei jong U Blei ban map ia ki pop ki lait ki let jong ngi bad pynlong ia ngi kum ma U khnang ba ngin lah ban seisoh ia u soh jong ka hok ha ka jingim jong ngi na kawei ka sngi sha kawei pat ka sngi.

Ka Jingshah jingit: Ngim dei ban shah jingit ym tang ha ka jingbam, hynrei ngi dei ruh ban shah jingit na ki jingpynmlen kiba sniew ha ka jingim jong ngi. Ngim dei ban aiti lut sha ki jingkwah jong ngi baroh, hynrei ngi dei ban long ki nongjop da ka jingisynei bad jingaiei jong U Blei ban long kita ki nong ioh bynta ha ka ka jinglong kaba kynta U Trai. Kumba ngi shah thngan na ki katto katne ki jait jingbam, kumta to ngin shah thngan ruh na ki jingmut jingpyrkhat kiba sniew, ki kyntien sih bad na ki kam kiba sniew. Pynkylla ia ka iing ka sem jong phi sha ka jaka kaba kyntang jong ka jingduwai bad kum ka iit khmih, ban pynmih ia kata ka jinglong ban psa ia ka jinglong ba kynja mynsiem kaba iai san man ka por.

Ka Jingsngewbha: Kumba ka ktien jong U Blei ka ong ha ka kitab u Isaiah 58:7, ka jingshah jingit jong ngi ka pynsngewbha eh ia u Blei haba ngi sumar ngi sngewlem ia kiba duk bad ia kiba la shah kyntait noh. Haba ngi shah jingit na ka jingbam ha ka aiom Lent, ngi don ka jingthmu ban kynshew ia ka pisa

bad kiwei kiwei de ki jingdonkam ban ia sam lem sha kiba duk bad ki kyrduh. Ban ia sam lem sha kiba duk bad kiba kyrduh ka pynsngewbha eh ia U Blei. Kum ka longing bad ruh kum ka Balang ka dei ban long ka jingpynmlen bad leh khnang ia kane ha kane ka aiom Lent kaba khraw (Season of Great Lent).

Ki artylli ki bynta ba kongsan tam jong ka jingrakhie ia ka Aiom Lent kaba khraw (Great Lent) ki dei ki kam ne jingpyntreikam kiba ngi jied ban pyndonkam ha ka jingim ba shimet jong ngi bad ha ki jait kam kiba ngi ia snoh lang bad ia tyllun lang kum ka Balang. Baroh ar kine ki jait kam ki don ka juh ka rukom pyntrei kam kaba donkam.

Shi met hi, ngi pynlong ka jingkut jingmut ban bud ia ki jingpynmlen jong ka jingshah jingit, ka jingiit ialade shimet shimet bad ka jingduwai ba shi met bad ka jingpuson. Ha kawei pat ka liang, ka jingkhoh lang iangi ka long ban wad ban ia shim bynta lang kat kaba ngi lah ha ka jingiaseng lang (liturgical services), ryngkat bad ki ba ha iing ha sem jong ngi. Ka jingkmien ka long ba ngi ngim lon marwei ha kane ka jingiaid lynti. Ka Balang jong ngi ka dei ka longing ba kynja mynsiem jong ngi, kyrshan bad ia kyntiew lang I wei ia I wei pat, namar ka long ka jingkut jingmut ba ia sam lang kaba pynlah iangi ban ion ia ka bor bad jingpynshlur bad jingpynshait bor.

Shuh shuh, Nga kyrpat ia phi ba phin ia puson bad pyrkhat jylliew bha ia kine harum ruh:

1. Pyndonkam lut ia baroh ki kot jinghikai Lent jong ka Balang: Na Holy Synod, phin sa ioh shibun ki kot jinghikai ba kynja mynsiem kum ki dkhoh na ka Baibl ban pule man ka sngi (Daily Scripture Readings), Ki jingpuson Lent ba man la ka sngi (Daily Lenten Meditation), Ki kot liturgy ban duwai man la ka sngi (Daily Prayer Liturgy and guidelines) ban shibun ki kot ban ialam lynti ha kane ka jingshah jingit khnang ban pynlong ia kane ka jingiaid lynti Lent kaba khraw (Great Lent) ha ka rukom ba kit jingmut bad ba shongkun.

2. Ka Duwan Jingduwai ha iing: Ka Lent ka dei ka por ban iai duwai jur bad ia kane dei ban shah ba kan jia ha ki iing ki sem jong ngi. To ngin pynthikna ban shna ia ka duwan bad jingduwai ha ki iing ki sem jong ngi da kaba ai ba kan iai bteng khlem pyndkhut haduh ka aiom Lent.

3. Duwai ia ka jingduwai U Jisu: “Trai Jisu Khrist, khun jong U Blei, isynei ianga, u nongpop” ka dei kawei ka jingduwai kaba ngi lah ban duwai baroh shi sngi. Lada phi don ia u kynjri jingduwai, duwai ia kane ka jingduwai haduh katno katno sien kat kaba phi lah.

Nga pynshlur ia ngi baroh ban nym kyntait ia kane ka jingkhoh sngewbha jong ka Balang Bakhuid! Kum U Kpa ba kynjah mynsiem jong phi, Nga ruh ngan ia snoh lang bad phi ha kane ka jingiaid lynti bad da kaba ia iaaid ryngkat, to ngin iaaid shakhmat bad khmih lynti ban long kita kiba la kyrkhu da U Trai jong ngi.

U Khrist u don ryngkat bad ngi! U long bad un iai long ryngkat barabor bad ngi, Amen.

U Kpa jong phi ha U Khrist,

Athanasius Yohan I Metropolitan

P.S: Sngewbha ban da pule khlem pep ia kane ka shithi ha baroh ki Balang shnong ban pynshlur ia ki bangeit.

Date: 15 January 2024

Place: Holy Synod