

# Believers Eastern Church

## Ka Shithi U Nongaplangbrot – U Nong ialam

### (SHEPHERD'S LETTER)

Nov/Dec 2023

Ki jingkyrkhu bad ki jingkhublei sha baroh ki Archbishops bad ki Bishops, ki lyngdoh, ki tymmen basan, ki fathers, ki Evangelists bad ki sisters of compassion (Order of Sisters) bad sha baroh ki parabangeit jong ka Believers Eastern Church kiba don ha sa tlak ka pyrthei, ha ka kyrteng u Kpa, U Khun bad U Mynsiem Bakhuid. Amen!

Ko ki baieid eh jong nga ha U Khrist,

Kumba ngin poi noh sha kaba kut jong u bnai November bad pynkhreh ban pdiang sngewbha ia u bnai December, ka long kaba donkam bha ba ngin pynkynmaw ia lade shaphang ka jingmut bad jingdonkam kaba kyrpang jong kine ki artylli ki bnai. U bnai November u dei u bnai jong ka jingbuhdak ia ka jingsdang jong u snem liturgical uba thymmai, katba u bnai December pat u long ka por ha kaba ngi kynmaw burom ia kawei na ki jingjia kaba kyrapnng bad kaba donkam tam ha ka liturgical calendar: Ka jingkha ia U Jisu Khrist (The Nativity (birth) of Christ).

Na ka bynta jong ngi, kum ki briew jong U Blei, ka jingim jong ngi kan ia tyllun shibun ha baroh sawdong jong ka calendar jong ka Balang ban ia ka calendar kaba long ia baroh salonsar ia kaba ngi bud. Ka long ka ba donkam ba ngin pynlong ia ka jingkut jingmut lyngba une u snem liturgical uba thymmai ban pynkhain ia ka jingim jong ngi ha U Khrist. Don na pdeng jong ngi lehse ngi donkam ban pynbeit bad pynmlien bha ia lade ha ka ban pule bad pusion ia ka ktien jong U Blei man la ka sngi, ban duwai lang ryngkat bad kiba ha iing ha sem, ki jingkylla kaba mut ba man la sngi, ban ai ia kawei na ki shiphem sha U Trai, ban rakhie ia ki prokram kiba pher kiba don ha ka calendar jong ka Balabg, ban sumar na ka bynta kiwei, bad ka list ka lah ban don shibun kawei hadien kawei.

Nga pynshlur ia phi ba phin kut jingmut shisha ban pynshlur ia lade ban leh ia kine ki jingpynmlien ba kynja mynsiem bad long kiba minot ban pynlong ia ki kum ki bynta kiba donkam tam ha ka jingim jong phi. U shabi sha baroh kine ka long, ka jingminot bad jingiaeinh ban bud shisha ia ki prokram kiab don ha calendar jong ka Balang, kaban pynlong suk ia phi. Ha ka calendar jong ka Balang la kynthup lut ia baroh ki jait prokram kum ki jingrakhie bad ki jingleh burom (Feasts and celebrations) kiba la jied bha bad buh beit buh ryntih bha da ka Balang ban ioh ban pynwandur bha ia ka jingim ba kynja mynsiem jong phi. Ha ka calendar jong ka Balang lah buh beit buh ryntih bha ia ki jait prokram kiba pher ia ka ban rakhie pyndonburom ha ki sngi kiba donkam ha kane ka pyrthei, kum ka jingim jong u Trai bad u Nongpynam jong ngi u Jisu Khrist mynba u dang don ha kane ka pyrthei, kaba sdang da ka aiom Annunciation kaba dei shaphang ka jingpynbna u Angel ha ka Mari shaphang ka jingpun ia U Trai Jisu, kaba la tip ruh kum ka jingleh sngewbha Christmas.

Ka Khristmas ka wanrah ia ka khubor kaba khlain tam jong ka jingkyrmen, ka jingsuk, bad ka jingkmen. Kan iarap iangi ban pynshad jingshai ia ka kam kaba khrawtam jong ka jingieit bad jingpynam. Ki angel ki pynbna ha ki nongaplangbrot ha ka miet jong ka Nativity kaba mut ka por bad ka rukom kaba dei ban kha ia U khun u Blei, ia kane ka por la pynshai bha ia ka jingsngew: "Nga wanrah ia ka khubor ba bha ka ban wanrah ia ka jingkmen kaba khraw tam sha baroh ki jait bynriew. U Nongpynam —Hooid, u Messiah, U Trai —la kha ha shnong Bethlehem mynta ka sngi, ka nongbah

jong U David!" (St. Loukas 2:10–11). Ka lah long thik kumba ki angel ki la pynbna, ia kane ka khubor ka dei na ka bynta ia baroh, kynthup iangi, bad ka pyndap ia ki dohnud jong ngi da ka jingkmen bad jingkyrmen. U Blei u la rung ha history ne jingiathuhkhana jong u bynriew bad u la kylla long u Emmanuel, U Blei lem bad ngi, kumba ka ktien jong u Blei ka ong, "Uta u ktien u la kynja doh bad u la shong sah hapdeng jong ngi." (St. Ioannis 1:14) Ki angel, ki riewstad, bad ki nongaplangbrot kim shym la burieh ia ka khubor ba bha shaphang ka jingkha ia U Jisu Khrist tang ha lade, hynrei ki la pynbna bad pynsaphriang ia ka jingshisha bad ia kaei ba ki la mad sha kiwei pat ki brier ia kiba ki la ia kynduh.

Ha kane ka aiom Khristmas, ai ba ka jingkmen bad ka jinglehkmen kan sa phriang sha baroh ym tang ha ki kynroh jong ki Balang shnong, ki iing ki sem bad ki dohnud jong ngi bad ai ba kan saphriang sha kiwei pat ki jait bynriew ruh kiba don ha ka imlang sahlang jong ngi.

Ban ialam sha ka sngi Khristmas, orthodox Christians worldwide ki rakhie ia ka Nativity lane ka Christmas – ka por kaba dei bha bad kaba iarap iangi ban puson bha ryngkat bad ka jingduwai halor kane ka kambah kaba phylla jong U Khun jong U Blei uba shim ia ka jinglong kynja doh bad u la long kum u wei na ngi. Ha kane ka jingshah jingit, ngin pynkreh ia lade ha kaba shapoh bad ha kaba shabar jong ngi khnang ba kumba u Khrist u la long kum mangi ba mangi ruh ngin ioh long kum ma U. Kane ka dei ka jingkhot sngewbha ban pynthymmai ia ka jingkut jingmut jong ngi sha u Trai Jisu Khrist – ka por ban pynthymmai pat ia ka jingthew, jingpyniabiang, jingsuk, bad jingkhuid ha ka jingim jong ngi.

Barabor, ngi juh pyrkhat ba ka jingshah jingit ka dei tang ban shah thngan khlem bam ja. Hynrei u St. John Chrysostom u la sneng bad maham ia ngi ba "uta uba pyrkaht ba ka jingshah jingit ka dei tang ka jingshah thngan khlem bamja ka long kaba bakla; ka jingshah jingit kaba shisha ka dei ban ia khlad noh na kiba sniew lane bad iehnloh ia kiei kiei kiba sniew." Kumta, ngi dei ban kynmaw ba ka jingshah jingit khlem bamja, ka dei ruh ka jingiakob ban shah jingit ban jong ia ki pop, lorni, bishni, bitar, bad ia baroh kito kiei kiei kiba barabor ngi shah ia ki ba kin shynshar halor jong ngi.

Kum ka Balang, to ngin pyndonkam ia baroh kine ki lad ki kabu ban im kum kawei ka met jong U Jisu Khrist da kaba shit rhem ban ia shim bynta ha baroh ki kam ba kynja mynsiem jong ka Balang bad ki kam ba kynja mynsiem ki ba don ha ka calendar jong ka Balang bad pyndonkam bha ia baroh ki tiar ki tar kiba dei ki jong ka Balang. Ai ba une u snem liturgical uba thymmai u dei ban long uba la khot sha ki jingleh kiba ha ka kam, kiba sha lyndet jong ka kynroh jong ka iing mane, na ka bynta ki balang shnong ban pynroi ia ki mission station, bad long kum u Jisu Khrist, U Trai!

Ai ba ka jingsuk bad jingaiei jong U Blei ba donbor tam halor baroh kan long lem ryngkat bad phi shaduh ki bymjukut!

U Kpa ba kynja mynsiem jong phi ha U Khrist,

Athanasius Yohan I Metropolitan.

20-11-2023

BELIEVERS EASTERN CHURCH Holy Synod, St. Thomas Community, Thiruvalla, Kerala, India -689103