

Our Journey to Pascha



During the season of Great Lent we journey to Pascha. We make this journey together in prayer, fasting, repentance, alms giving (helping the poor) and missions. The season of Great Lent is a journey of healing, with a focus on areas of our life that need God's help.



Sunday Before Great Lent (*February 12, 2023*)

All the Departed Faithful

During this Sunday we remember the faithfully departed, the great cloud of witnesses, the intercession of the saints and the unity of the Church militant and church triumphant. We prepare our hearts for the journey to Pascha through Great Lent, knowing the great cloud of witnesses (Heb. 11-12) are all encouraging us to keep running the race to win the prize.



First Sunday of Great Lent (*February 19, 2023*)

First Miracle Performed by Jesus at Cana

During this Sunday we reflect on the first miracle at Cana: Jesus turning water into wine. They faced an unexpected crisis at the wedding. How often do unpredictable things happen in our life, throwing us for a loop? This first miracle at Cana teaches us that God is in control, and that He will help and heal us.



More at: <https://www.bec.org/when-calculations-go-wrong/>



First Monday of Great Lent (*February 20, 2023*)

The Service of Reconciliation

During our service on Holy Monday we focus on repentance and asking each other forgiveness. Jesus told his disciples in John 13:34-35 to love one another. In John 17, Jesus' prayer for the disciples and us is that we would love one another and have unity as a reflection of the Holy Trinity. A wonderful way to start off Lent is by making things right with God and with others. Asking for forgiveness and forgiving others are the first steps toward healing.



Second Sunday of Great Lent (*February 26, 2023*)

Healing of the Leper

During this Sunday we reflect on Christ's healing of the leper. We know leprosy kills the feeling of pain, and this is why those who have contracted leprosy often injure themselves, because they cannot feel pain. Often times we become numb to the sin in our life. In our repentance, fasting and prayer, God gives us the gift of pain so that we can experience healing in the areas of our life that are broken.



More at: <https://www.bec.org/the-gift-of-pain/>



Third Sunday of Great Lent (*March 5, 2023*)

Healing of the Paralytic

During our third Sunday of Lent we reflect on the healing of the paralytic. The friends of the paralyzed man loved him enough to bring him to Jesus, even to the extent of lowering him through the roof of a house. The paralyzed man lived with hopelessness and worthlessness his whole life. Often when we are broken and helpless in our sin, we find healing when we come face to face with Christ.



More at: <https://www.bec.org/a-colorless-to-a-colorful-life/>

Fourth Sunday of Great Lent (March 12, 2023)



Healing of the Canaanite's Daughter

During the fourth Sunday of Great Lent we focus on the healing of the Canaanite's daughter. This mother had great faith and kept asking Christ for help and healing. How often we give up so quickly because of discouragement, as we struggle with the broken areas of our life! The answer is very simple—keep asking, keep knocking, keep praying, keep crying out to God and you will find His mercy.



More at: <https://www.bec.org/dirty-hands-deceptive-hearts-and-the-daring-woman/>

Fifth Sunday of Great Lent (March 19, 2023)



Healing of the Hunched-back Woman

During this Sunday we meditate on the healing of the woman who was helplessly hunched over for many years. We find that Christ is always compassionate towards those who are helpless and cannot help themselves. Often we can struggle for years in certain areas of our life, and eventually give up all hope that it will ever change. God is the God of hope and mercy.



More at: <https://www.bec.org/you-raise-me-up/>

Sixth Sunday of Great Lent (March 26, 2023)



Healing of the Blind Man

During this Sunday we focus on the healing of the blind man, who cried out “Lord have mercy!” We pray, sing and chant *Kyrie Eleison*, which is seeking God for His mercy. Often, this is the best thing to pray when we don't know what to pray—“Lord have mercy.”



More at: <https://www.bec.org/kyrie-eleison/>

Saturday Before Palm Sunday (April 1, 2023)



Lazarus Saturday

During this Saturday, we remember the raising of Lazarus from the dead. This is a shadow of what would later happen with the resurrection of Christ. Lazarus was reanimated, but Christ was resurrected and defeated sin, Satan and death. Like Lazarus, we are broken and dead in areas of our life, but we can find hope in Christ who heals us and restores us. Our hope is in Christ in His resurrec-

Holy Week (April 2–8, 2023) and Pascha (April 9, 2023)



Holy Week and Pascha

During Holy Week we focus on Christ's final week. How He washed the feet of the disciples, told them to love one another, instituted the Holy Eucharist, was crucified, descended into Hades to destroy death by death, and then resurrected in power, giving us the hope of our own resurrection from the dead, as we look for the second coming of Christ.



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